

# Trophoblast of domestic and companion animals: basic and applied clinical perspectives

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#### Abstract

The trophoblast is the single most important functional structure of the placenta that mediates the attachment of the blastocyst to the endometrium. Trophoblast has the capability to proliferate in concert with the uterine epithelium to form the only site for nutrient and metabolic exchange between the fetus and dam throughout pregnancy. Trophoblast is made up of a remarkable versatile epithelium showing great capacity for invasion, cell fusion, hormone production, specific nutrient absorption, selective transport, active metabolism, and has the ability to resist maternal immunological attack. These functions are attributed to its inherent ability to synthesize many developmental factors or molecular regulators. While there is an abundance of publications available on the structural, functional, and clinical relevance of the placenta in various mammalian species, a comprehensive review on the comparative aspects of the trophoblast of domestic and companion animals is lacking. Besides, a timely description on the clinical perspective on the functional aspects of the trophoblast in relation to pregnancy diagnosis, placental insufficiency, pregnancy loss, and structural abnormalities of domestic and companion animals is necessary. A brief description on the basic chronology of events in each animal is followed by the applied clinical perspectives of trophoblast. Both the above aspects of trophoblasts of domestic and companion animals including the terminologies are summarized in tables to facilitate discussion.

**Keywords:** clinical perspectives, domestic and companion animals, trophoblast.

#### Introduction

Viviparity and development of a placenta are major reasons for the success of vertebrates in colonizing all habitats, both terrestrial and aquatic. In eutheria, namely in placental mammals, the process of placentation is a pivotal event in the survival of the early embryo and maintenance of the developing fetus, yet it is one of the least understood aspects of reproduction and is often overlooked (Cross *et al.*, 1994). In general, the placental-uterine interaction has two main functions: 1) provide oxygen, nutrient, and waste exchange and 2) minimize fetal rejection by the maternal immune system. The importance of these functions has resulted in development of a placenta that is structurally diverse among mammals (Wooding and Burton, 2008). However, regardless of the structural variations, each placenta has a trophoblast. The trophoblast is the single most important functional tissue of the placenta that mediates the attachment of the blastocyst to the endometrium and serves as an immunological barrier through synthesis of many developmental factors or molecular regulators to facilitate implantation and prevent maternal rejection. Any perturbation and interference in the structural and functional aspects of the trophoblast can result in loss of pregnancy.

While there is an abundance of publications available on the structural, functional, and clinical relevance of the placenta in various mammalian species (Carter and Enders, 2004, 2013; Enders and Carter, 2006; Miglino *et al.*, 2006; Wooding and Burton, 2008; Carter and Mess, 2017), this review is primarily intended to provide a comprehensive and comparative up-date on the trophoblast of domestic and companion animals. Secondarily, this review will provide a clinical perspective on the functional aspects of the trophoblast in relation to pregnancy diagnosis, placental insufficiency, pregnancy loss, and structural abnormalities.

#### Trophoblast

The term 'trophoblast' was introduced in 1888 by the Dutch embryologist Hubrecht during his study of early postimplantation development of the embryo in the hedgehog (Hubrecht, 1889). The term trophoblast is derived from two Greek words, namely, trephein: to feed and *blastos*: germinator. During the initial stages of embryo development, two successive differentiation events lead to segregation and formation of cell lineages. The first event begins during compaction where the outer layer of cells segregates to form a layer of cells that will eventually become the trophoblast, whereas the inner layer of cells (inner cell mass, ICM) produces the embryonic lineages. The second round of segregation divides the ICM into primitive ectoderm and endoderm. The trophoblast makes its first appearance in the life of the embryo in blastulation (formation of a cavity within the embryo). In general, the process of blastulation leading to the development of a blastocyst, an early embryo, is accompanied by the formation of a central cavity with a single outer layer of ectodermal cells called 'the trophoblast'. The cells of the trophoblast are the first cells to differentiate in an embryo with a sole-function to sustain and protect the embryo. The term 'trophectoderm' is also used to describe these polarized cells since they are fated to differentiate into trophectoderm after gastrulation as it is then contiguous with the ectoderm of the embryo

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and become part of chorioallantois (Igwebuike, 2006). The trophoblast is a remarkable versatile epithelium showing great capacity for invasion, cell fusion, hormone production, specific nutrient absorption, selective transport, active metabolism, and has ability to resist maternal immunological attack. For this review, the authors prefer to use the term placenta referring to a structure that has both maternal (endometrium) and fetal (chorioallantois and amnion or simply the fetal

membranes) components (Peter, 2013) and the term trophoblast to indicate the layer of cells (Leiser and Kaufmann, 1994; Hall *et al.*, 2013) of the placenta that covers the external surface of the chorioallantois (Roberts, 1971; Igwebuike, 2006). Terminology used in early embryo and trophoblastic development is summarized in Table 1 and chronology of events of trophoblast development and function during pregnancy is summarized in Table 2.

Table 1. Terminology of early embryo and trophoblastic development in domestic animals.

Allantois	A vascular, extraembryonic membrane that develops as a sac or diverticulum from the ventral wall of the hindgut of the early embryo.			
Blastocoel	Fluid-filled cavity within the blastocyst.			
Blastocyst	Transformed morula with blastocoel and inner cell mass which subsequently forms embryo.			
Blastulation	Refers to the process of differentiation of morula by the formation of a fluid-filled cavity and inner cell mass.			
Chorion	A layer formed by the trophoblast and extraembryonic mesoderm, and involved in the formation of fetal components of placenta.			
Chorioallantois	Chorion combined with allantois.			
Chorionic girdle	Invasive component of equine trophoblast that forms the endometrial cups.			
Cytotrophoblast	Uninucleated trophoblast primarily capable of proliferation.			
Gastrulation	Differentiation of three germ layers ectoderm, mesoderm, and endoderm.			
Hatching	Release of blastocyst from zona pellucida.			
Hemophagous zone	Marginal hematomas seen as circumferential bands in zonary placentas of carnivores primarily associated with cytotrophoblast capable of phagocytosing maternal erythrocytes.			
Implantation	Process of attachment of blastocyst to endometrium.			
Morula	Zygote undergoes cleavage and becomes a multicellular sphere-like structure called morula. Cells of the morula are known as blastomeres.			
Placenta	A structure comprised of maternal (endometrium) and fetal (chorion) components.			
Placentome	A well vascularized structure found in pecoran ruminants resulting from the interdigitation of the trophoblastic (cotyledon) and endometrial (caruncle) villi.			
Placentomal trophoblast	Trophoblast in the placentome.			
Syncytiotrophoblast	Multinucleated trophoblast cells derived from cytotrophoblast primarily capable of invasion.			
Trophectoderm	Outer layer of cells of blastocyst.			
Trophoblast	In the chorioallantoic placenta throughout gestation the outermost fetal layer is invariability the trophoblast			
Zygot	A fertilized oocyte.			

# Table 2. Chronological events during trophoblast development and function in domestic and companion animals.

Species	Stage of embryo at entry into uterus (days of entry from ovulation)	Trophoblast differentiation (day)	Implantation (day)	Morphology of placentation and its impact on trophoblast attachment	Maternal-fetal relationship	Trophoblastic factors in maternal recognition of pregnancy (critical days)	Gestation length (days)
Cattle	Morula (4-5)	6	22-25	Cotyledonary	synepitheliochorial	INFt (14-17)	280
Sheep & goat	Morula (4-5)	6	15	Cotyledonary	synepitheliochorial	Sheep INFτ (10-12) Goat INFτ (16-17)	150
Pig	Morula (2)	5	13	Diffuse	Epitheliochorial	Estrogen (11-12)	114
Horse	Morula/early blastocyst (6-7)	6	40	Microcotyledonary	Epitheliochorial	Proteins/estrogen/ still not clear (12-14)	330
Camel	Hatching blastocyst (6.5)	6.5	14	Diffuse	Epitheliochorial	Not known	390
Dog	Morula/early blastocyst (11-13)	10-11	17	Zonary	Endotheliochorial	Absent/unknown	60
Cat	Blastocyst (4-6)	4	14	Zonary	Endotheliochorial	Absent/unknown	60

Cattle

The embryo enters the uterus on day 5 post ovulation (ovulation = day 0) and trophoblast is formed on day 6 of pregnancy, a time when blastulation occurs. The process of hatching (release of embryo from zona pellucida) follows from days 7.5-11, and finally rapid elongation is noticed on day 12 of pregnancy (Assis Neto et al., 2010; Peippo et al., 2011). The trophoblast of day 15 initiates the process of maternal recognition of pregnancy by secreting interferon tau (IFN $\tau$ ; Roberts 1989). During the process of elongation, the trophoblast changes from a spherical to ovoid shape and transitions to a filamentous form. On day 19 of pregnancy, apposition between the trophoblast and uterine epithelium begins. The epithelial layers start to adhere by interdigitation of the microvilli from days 21-22 approximately (King et al., 1980) and this continues for 1-2 weeks (Guillomot, 1995). Attachment is initiated by flat apposition between trophoblast and glandular uterine epithelium. Placentomes form on preformed caruncles which trigger the trophoblast into mutual proliferation. The trophoblast in the placentome is referred as placentomal trophoblast (Wooding and Burton, 2008) or simply cotyledons. In the interplacentomal areas openings of endometrial glands are observed. The endometrial gland openings are covered by domes of phagocytic trophoblast which facilitate histotrophic uptake of endometrial gland secretions by small endocytotic vesicles or much larger phagocytotic vacuoles since the trophoblast of this area has high phagocytic activity (Wooding and Burton, 2008). Function of trophoblast is manifested from the time of attachment until parturition (Wooding and Wathes, 1980).

Although the trophoblast has a single cell lineage, it is important to point out that, in ruminants, cellular transformation and differentiation result in more than one type of cell (Igwebuike, 2006). The uninucleate trophoblast cells (UTC) proliferate and differentiate into either mature UTC or into binucleate trophoblastic giant cells (BTC; Wooding and Wathes, 1980). The BTC are one of the most characteristic elements of the ruminant placenta. The BTC form a structurally separate population among UTC, arising from UTC by karyokinessis without subsequent cytokinesis. The BTC are characterized by their development of a large population of membranebounded granules, and in probably 97% of cases, two nuclei (Bjorkman, 1968). They may also undergo endoreduplication, with a resultant DNA content that can be as high as 32N (Klisch et al., 1999). In general, the BTC migrate and modify the uterine epithelium by apical fusion to form fetomaternal hybrid syncytial plaques, with up to eight nuclei at the junction of fetal and maternal tissue. In cattle BTC migrate to fuse with apposed uterine epithelium to produce a transient trinucleate cellular layer (minisyncytium) at the interface with the endometrium. In the process of fusion, the full complement of BTC is released into maternal circulation. These syncytial plaques are replaced by regrowth of uterine epithelial cells by day

40 and subsequently BTC and uterine epithelium fusion produce only transient trinucleate minisyncytium throughout the remainder of pregnancy (Wooding and Burton, 2008). The UTC are involved in resorbing minisyncytium after their death, a process maintained all throughout pregnancy.

# Sheep and goat

The embryo enters the uterus from days 4-5 post ovulation, transforms to a blastocyst, loses its zona pellucida and expands in size two to three times (Gaviria and Hernandez, 1994; Igwebuike, 2009; Grazul-Bilska et al., 2013). In these species, the spherical embryo comes to rest in a predictable region in the uterus, presumably as a result of myometrial contractions, and immobilizes itself by growth of trophoblast papillae down the endometrial glands. In sheep, these multicellular papillae were observed only from days 13 to 18 and not at or after day 20 (Wooding et al., 1982). The trophoblast secretion of interferon tau (IFN $\tau$ ) is important in maternal recognition of pregnancy to maintain progesterone secretion by prolonging the lifespan of corpus luteum (Dorniak et al., 2013). At day 16 post ovulation, the trophoblast and the uterine epithelium are closely adherent over the central region of the embryo and developed microvillar interdigitation.

Similar to cattle the sheep and goat trophoblasts have UTC and BTC (Wooding *et al.*, 1993) and undergo structural modifications. The apical microvilli of the trophectoderm interdigitate with a layer consisting of syncytial plaques of limited areas bounding the maternal connective tissue. Throughout pregnancy the BTC migrate to and fuse with the uterine epithelium or its derivatives to form syncytial plaques, which constitute a persistent fetomaternal tissue. The BTC show ultrastructural features which may be correlated in temporal order, with the secretion of steroid hormones, the production of ovine placental lactogen and placental growth hormone (not secreted in cattle), and with the performance of normal nonendocrine placental activities (Soares, 2004).

# Pig

In general, pig embryos enter the uterus between the four- to eight-cell stages approximately 46 h after ovulation (Hunter, 1974) and have a spherical 100  $\mu$ m blastocyst within the zona pellucida. By approximately day 7 after zona hatching, the embryos migrate and space themselves throughout the uterus and elongate over the next few days through morphologic changes that transform them from spherical to filamentous. Historically, the morphological aspects of placentation in the pig have been well described earlier (Heuser, 1927) and more recently (Kridli *et al.*, 2016). Elongation occurs primarily as a result of hypertrophy of the endoderm and trophectoderm. During elongation, the initial attachment process begins around day 12.

To signal their presence to the dam, pig conceptuses begin to secrete estrogen around days 11-12

(Geisert *et al.*, 1990). Estrogen, as a maternal recognition signal of pregnancy, helps in maintaining luteal progesterone secretion by preventing prostaglandin F2 $\alpha$  (PGF2 $\alpha$ )-induced CL regression. A second estrogen surge between days 14 to 18 is required for CL maintenance beyond day 25.

Although the pig trophoblast possesses invasive properties, placentation is noninvasive (true epitheliochorial) such that the uterine luminal epithelium remains intact throughout pregnancy. To help prevent premature attachment, microvilli of the porcine uterine epithelium are covered with a thick layer of carbohydrate (glycocalyx), which also thinly covers the fetal epithelium. After the loss of the anti-adhesive properties of glycocalyx from the uterine epithelium, the embryos loosely attach to the endometrium.

Based on electron microscopy, the early morphological stages of placentation in the pig have been reported (Dantzer, 1985). By days 13 to 14, protruding epithelial proliferations of the uterine epithelium enclosed by chorionic caps immobilize the blastocyst. By day 14, there is close apposition between the apical plasma membranes from trophoblastic and uterine epithelium which may be facilitated by osteopontin, an extracellular matrix protein, that binds to receptors on the trophectoderm and uterine epithelium to form a firm attachment (Erikson et al., 2009). By days 15 to 16, interdigitating microvilli develop between the apical domes of the uterine epithelium and the trophoblast covering the entire placenta except the openings of the uterine glands. By days 15 to 20, formation of apical domes on the uterine epithelium closely related to the trophoblast provided with long cytoplasmic extensions into a luminal space between the apical domes, which may be representative of the transition from histiotropic to hemotrophic nutrition (Dantzer, 1985). It has been suggested angiogenic cytokines of the trophoblasts are necessary for the initiation of the growth of the maternal capillary networks noticed around day 16 (Croy et al., 2006). By days 26 to 30 of pregnancy, the non-invasive epitheliochorial placenta is completely established.

The trophoblast and uterine epithelium are partially separated by the secretion of uterine gland milk. Along the uterine gland openings, simple structures called areolae develop in association with each conceptus, which increase during gestation until approximately day 70 (Olio et al., 2014). Areolae are characteristic of epitheliochorial placentas and in pigs large numbers of these are present. Areolae are characterized by having columnar trophoblast caps capable of absorbing and breaking down nutrients. There are changes in the distance between the capillary networks due to the increase in the number of areolae. In pigs, uteroferrin is secreted by uterine glands, absorbed through the areolae, transported to fetal liver, and used for hemoglobin synthesis in fetal erythrocytes. Unlike placental weight, size, and surface area, which increase substantially between Days 20-30 days of gestation and plateau around days 60-70 of gestation, capillary bed volume continues to grow until parturition because of continuous angiogenesis (Bazer et al., 2012).

As in other species, various hormonal and immunerelated factors play a role in placentation in the pig as described in subsequent sections that can have clinical implications.

### Horse

The embryo enters the uterus on day 6 after ovulation as a late morula or early blastula (Betteridge et al., 1982; Stout et al., 2005). Complete blastulation results in the formation of blastocoel, a fluid filled cavity, and outer layer of the trophoblast. Trophoblast starts secreting large quantities of mucin-like glycoproteins forming a gelatinous capsule sandwiched between zona pellucida and embryo and the capsule persists for next nearly three weeks (Betteridge et al., 1982; Oriol et al., 1993; Stout et al., 2005). Constant self-induced mobility of the embryo throughout the uterine lumen by its secretions of prostaglandins prior to fixation is unique and the mobility is further aided by the capsule. The endometrial secretory histotroph from the glands provides nourishment to the unimplanted conceptus through overlying trophoblast. The histotroph continues to be secreted throughout pregnancy and is taken up by areolae between microcotyledons (described later). In order to maximize the uptake of the endometrial glandular secretions, the trophoblast in apposition of the endometrial glands forms elongated and pseudostratified cellular structures. The secretions are further transported through the dense capillary beds to the blood vessels of the allantois. In a recent study (Waelchli et al., 2013) on twin embryos, the capsule seemed to be involved in forming adhesion between twins and thus having a role in embryo reduction. The signs of adhesions were found on the capsules in embryos from unilateral twin pregnancies at stages before and during fixation, which became stronger after fixation and included adverse effects on vitelline circulation and/or degeneration of one twin. In addition, limited movement of the yolk sac within the capsule was thought to be essential for maintenance of pregnancy in mares. In the two surviving pairs of embryos, attachment between twins was near the trilaminar/bilaminar yolk sac wall border, which maintained a functional vitelline circulation.

At day 35, the trophoblast proliferates into its invasive and non-invasive components. The former, distinguished as the thickened annulate 'chorionic girdle' invades the endometrium to form the endometrial cups by about days 40 to 42 (Antczak et al., 2013). These are temporary endocrine structures, responsible for secretion of equine chorionic gonadotropin to maintain pregnancy during the first trimester of gestation. A maternal immunological boundary is formed around the invasive trophoblast by the simultaneous collection of lymphocytes and leucocytes around them resulting in spherical cup-like structures, the endometrial cups (Antczak et al., 2013). The endometrial cups last until about days 120-150 of gestation. The non-invasive trophoblast establishes a stable microvillous contact with the endometrial epithelium (Samuel et al., 1974) around day 40 and,

over the next 100 days, develops a complex multibranched interdigitation with the endometrium, which essentially increases the functional placental area manifold. Although the chorioallantois in mares appears to have a uniform structure, the chorionic surface is actually composed of numerous 1-2 mm size polygonal structures called microcotyledons (Samuel et al., 1974). The microcotyledons constitute the fundamental unit of the fetal-maternal interface in the equine placenta. These microcotyledons are clusters of highly vascularized chorionic villi, which interdigitate with invaginations of the endometrium. The microcotyledonary areas of the placenta allow efficient transfer of small molecules between fetal and maternal blood

The fetal and endometrial interaction and interdigitation continues and increasingly forms branches and sub-branches of the chorionic villi and endometrial epithelium (Steven, 1982). The area of apposition between trophoblast and endometrial epithelium is maximized by this sub-branching thus maximizing the blood and nutrient exchange between the dam and fetus. There is also a gradual decrease in separation between maternal and fetal blood capillaries during placental development, which is vital for facilitating gas and nutrient exchange. The supply of the endometrial gland secretion and histotroph also continues to remain available as the histotrophabsorbing areas or areolae between the microcotyledons remain functional.

# Camel

The embryo enters the uterus on day 6.5 after ovulation (Anouassi and Tibary, 2013). On day 14 post ovulation, the trophoblast appears as a thin layer of epithelial cells on the surface of the embryo (Tibary, 2001). The process of trophoblast and endometrial epithelial attachment occurs in three phases: precontact, apposition, and adhesion (Abd-Elnaeim et al., 1999). In the precontact phase, the mononuclear trophoblast cells appear separated from the endometrial epithelium by a gap containing interareolar histotroph. Both trophoblast and endometrial epithelium develop apical ectoplasmic pads and microvilli in this gap without establishing contact with each other microvilli (Skidmore et al., 1996). During the apposition phase that is noted by day 25 post ovulation, the microvilli of the trophoblast and endometrial epithelium contact focally. Occasionally, characteristic giant cells several times the size of their uninucleate trophectodermal neighbors develop (Klisch et al., 2005). Serial sections of trophoblast revealed that these giant cells are truly multinucleate with several highly lobulated nuclei and develop due to mitotic polyploidization. These giant cells secrete steroids and are present from about day 35 post conception until parturition. Steroids are secreted by uninucleate trophoblast cells between implantation and formation of giant cells. Previously, giant cells were thought not to possess any secretory functions (Skidmore et al., 1996). However, now it is known that giant cells are the only cells secreting steroids in camel

trophoblast after they differentiate (Wooding et al., 2003). In the adhesion phase, the contact between trophoblast and endometrial epithelium increases by mutual growth of the area of apposition and by increase in interdigitation of trophoblast microvilli with that of uterine epithelium as they become anchored to each other (Abd-Elnaeim et al., 1999). The adhesion process starts around day 35 post ovulation and ends around day 56 post ovulation. During this phase the microvillar junction between the trophoblast and the endometrial epithelium become more uniform with feto-maternal interdigitating microvilli growing longer which increases the surface area between fetal and maternal tissues. By day 56 post ovulation, the trophoblast cells become somewhat cuboidal and large multi-nucleated syncytium appears along the trophoblast layers (Skidmore et al., 1996).

# Dog

The embryo arrives in the uterus between the 16-cell morula to early blastocyst stage from days 6 to 8 after coitus (Andersen, 1927; Holst and Phemister, 1971) or from days 11 to 13 after ovulation (Concannon et al., 2001; Reynaud et al., 2006). Following intrauterine migration of embryos, implantation begins by day 13. Development of placenta in the dog has been well characterized and described (Kehrer, 1973). In general, the zonary endotheliochorial type placenta in the dog is morphologically similar to that of many other species of Canidae (Barrau et al., 1975). It is characterized by a ring-shaped central zone of villous tissue with marginal hematomas and membranes protruding on both sides of this ring that runs circumferentially in the entire diameter of the uterine horns. The outer most tissue layer of the placenta, the chorion, is composed of a trophectoderm externally and mesoderm internally. In general, the trophectoderm gives rise to uninucleated cytotrophoblasts and multinucleated syncytiotrophoblasts (Barrau et al., 1975). Cytotrophoblasts are the primary trophoblast lineage that proliferates and differentiates to form syncytiotrophoblasts (Barrau et al., 1975). While both lineages appear to have degradative and absorptive capabilities, only syncytiotrophoblasts have invasive capabilities in the dog (Barrau et al., 1975). As classically described (Barrau et al., 1975) trophoblastic syncytium is formed and invades between cells of the uterine luminal epithelium by about day 13. Thereafter, the syncytium continues to spread along the uterine lumen as trophoblastic villi, consisting of cores of cytotrophoblast covered by a continuous layer of syncytium that penetrates deep into the endometrium. The syncytium spread to surround maternal vessels and decidual cells. By about day 26, the trophoblast has extended down to the large lacunae where syncytial trophoblast covering tips of the villi have degenerated, leaving cytotrophoblast exposed to the necrotic zone. Hematomas are subsequently formed by focal necrosis of fetal and endometrial tissue at the poles of the implantation sites. Large pools of extravasated blood accumulate and red blood cells are phagocytized by surrounding cytotrophoblasts. In the necrotic zone and hematomas, trophoblast cells may have lost the syncytial covering, but elsewhere maternal vessels and decidual cells in the placenta are in direct contact only with syncytial trophoblast. Comparative details of modifications for histotrophic nutrition have been reviewed (Enders and Carter, 2006).

Many factors have been shown or suspected to be involved in the regulation of trophoblast migration, invasion, and proliferation in carnivores including endopeptidases and their inhibitors, cytokines, growth factors, hormones, and other factors (Kovacs and Ojeda, 2012), which are reviewed in subsequent sections. The clinical importance of these factors are also discussed in association with alter trophoblast invasion (e.g., subinvolution of placental sites, SIPS) and pregnancy loss in dogs.

#### Cat

The embryos enter the uterus from days 4 to 6 after ovulation in their blastocyst stage. They establish even spacing between them by day 8 post ovulation at which time they are sufficiently large to distend the uterus. Blastocysts hatch from the zona pellucida on day 11 and implantation occurs from days 12 to 13 (Tsutsui and Stabenfeldt, 1993) following transuterine migration (Tsutsui et al., 1989). Some prefer to identify the prehatching phase as the primitive phase and the subsequent phase as the pre-contact phase, the two phases of pre-implantation period (Leiser and Koob, 1993). These researchers also have classified the implantation period into three phases: apposition phase, adhesion phase, and intrusion phase. Cellular contact and interdigitation of microvilli between trophoblast and uterine epithelium starts around this time. Trophoblast divides and produces a syncytium inextricably that is enmeshed with uterine epithelium. The trophoblast is actively phagocytic, capable of displacing and replacing the uterine epithelium and its basement membrane. It then flows around the maternal capillaries and establishes the endotheliochorial pattern of the interhaemal membrane. Angiogenic stimuli provided by the release of factors by the trophoblast help in the growth of villi and remodeling of the connective tissue. The trophoblast loosely appose over the numerous endometrial glands outside the central zone. A characteristic large hemophagous zone develops at the edge or in the middle of zonary area and the trophoblast instigates transient rupture of the maternal blood vessel in the hemophagous zone, comparable to that in the dog. High columnar cells of the trophoblast are involved in active phagocytosis and digestion of red blood cells from the stagnant pool of blood at the fetomaternal interface.

#### **Trophoblast functional roles**

Although much remains to be characterized in different species, a current understanding of the functional role of the trophoblast is important from the perspective of improving reproductive efficiency in animals. Four known major areas for which information is available will be addressed: 1) the role of trophoblast in maternal recognition, 2) prevention of maternal rejection of the embryo, 3) expression of molecular regulators that help in development and apposition/invasion with/into endometrium depending on the species, and 4) the role in the shedding of fetal membranes, an area of economic importance in production animals and life-threatening issue in companion animals, that is least understood in animals other than cattle.

# Maternal recognition of pregnancy

One of the major functions of trophoblast is to prevent the demise of the corpus luteum of the estrous cycle and extend its life into the period of pregnancy. A process referred as 'maternal recognition of pregnancy' (Geisert et al., 2015). In cattle, the UTC are involved in the production of interferon-tau (IFN $\tau$ ) by days 17 to 24 embryo (Roberts et al., 1992) that prevents luteolysis thereby extending the life of corpus lutem of estrous cycle into pregnancy. Other hormones produced by these cells may be involved in the process of maternal recognition. For example, the UTC and BTC express enzymes needed for production of estrogens (mainly conjugated) and produce small amount of progesterone from days 150 to 240 of pregnancy (Schuler et al., 2008). The BTC produce placental lactogen (Wooding and Beckers, 1987; Wooding, 1992; Nakano et al., 2002) and other hormones such as progesterone (Reimers et al., 1985), estrogens, prostaglandins (Gross and Williams, 1988; Schuler et al., 2006).

In horses, a well-recognized conceptus derived signal for maternal recognition of pregnancy has not been reported (Klein and Troedsson, 2011a; Aurich and Budik, 2015). The earliest indication of maternal recognition is that only the fertilized embryos enter into the uterus while as unfertilized oocyte is retained in the oviduct. The differential transport of embryo and unfertilized eggs is ascribed to secretion of PGF2 $\alpha$  and prostaglandin E2 (PGE2) by the morula/early blastocyst stage embryo which facilitates its movement from the oviduct to the uterus (Weber et al., 1991; Betteridge, 2000). Therefore, the embryonic cells that have started to differentiate into trophoblast play an important role even at the early stages of the development. In the uterus, the tough gelatinous capsule secreted by the trophoblast between days 6-22 makes it impossible for the equine embryo to elongate between days 10 to 14 as it does in ruminants. As a result, the early embryo remains spherical and the trophoblast does not come in close contact with a sizeable area of endometrium. However, the embryo moves continuously throughout the uterine lumen before fixation and implantation at around days 20-22 (Ginther, 1985) and this continuous movement helps in exerting the antiluteolytic effect on the uterus thus preventing the cyclic secretion of uterine PGF2 $\alpha$  and helping in maintaining the pregnancy (Allen and Wilsher, 2009). The inhibition of PGF2 $\alpha$  has been attributed to the reduced expression of cyclooxygenase-2 and has been suggested to be a target of conceptus

derived antiluteolytic mechanism in horses (Klein and Troedsson, 2011b). Unlike ruminants, interferon-like molecules as produced by ruminant trophoblast have not been reported from the equine trophoblast. Conceptus derived estrogens and prostaglandins, principally PGE2 have also been postulated as the potential antiluteolytic factors but have not been confirmed experimentally (Wilsher and Allen, 2011; Raheem, 2017). Transcriptional profiling of equine embryos at days 8, 10, 12, and 14 has indicated a dynamic interaction between the developing early conceptus and endometrial interface that may be critical for recognition and maintenance of pregnancy, and continued progesterone support (Allen and Wilsher, 2009; Klein et al., 2010). A custom designed whole genome microarray showed 355, 1211, and 1144 gene transcripts differentially expressed in embryos at days 10, 12, and 14, respectively, when compared to day 8 conceptus. Majority of the upregulated transcripts localized to extracellular region indicating a crosstalk between the conceptus and the surrounding endometrial tissue that could occur due to release of gene products into the uterine lumen. Interestingly, protein products of five up-regulated genes FGA, FGB, FGG, NEU2, and PAII, which were selected for their potential developmental significance were detected and localized to trophoblast cells by immunohistochemistry. The most current concept of maternal recognition of pregnancy in mares revolves around mechanisms occurring from days 12/13 after ovulation (Aurich and Budik, 2015). The mechanisms include the movement of conceptus through the uterine lumen as a result of the action of conceptus-derived prostaglandins on the myometrium, stimulation of conceptus growth by the action of endometrial oxytocin on the oxytocin receptors in the trophoblast, down-regulation of cyclooxygenase 2 in the endometrial epithelium due to altered transcription probably in response to embryonic/trophoblastic signals, and failure of endometrial oxytocin to stimulate endometrial synthesis of PGF2a. More studies are needed to further identify and clarify the trophoblastic mechanisms of maternal recognition of pregnancy in mares.

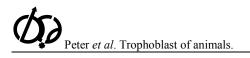
# Prevention of maternal rejection of early embryo

The trophoblast not only helps in maternal recognition of the presence of the embryo but also prevents its rejection. Maternal immune tolerance against the fetal allograft is regulated by complex mechanisms. These mechanisms involve inhibition of paternally inherited factors like major histocompatibility complex (MHC) antigens by the placenta, systemic immunomodulatory response of the mother and immunomodulatory responses that take place at the local placental level in the uterus. In cattle, UTC express major histocompatibility complex class I (MHC1) and this disappears from the BTC (Bainbridge et al., 2001; Rapacz-Leonard et al., 2014) to avoid maternal rejection. In horses, a unique mechanism of expression of MHC in trophoblast cells is presented with the trophoblasts of allantochorionic not expressing

any MHC class 1 proteins, and chorionic girdle trophoblasts and endometrial cups expressing high levels MHC class I proteins of both maternal and paternal origin (Donaldson et al., 1994; Bacon et al., 2002). Around day 30, MHC class I genes expression is ten times higher in chorionic girdle than somatic cells. The expression is similar during the invasion of chorionic girdle into endometrium and is maintained until shortly after the differentiation into endometrial cup trophoblasts and then decreases to undetectable levels from days 45-57 (Crump et al., 1987; Kydd et al., 1991; Maher et al., 1996; Bacon et al., 2002). The chorionic girdle MHC class I proteins induce strong cytotoxic antibody responses in all mares pregnant with histoincompatible fetus (Kydd et al., 1991). Antibodies against paternal MHC class I antigens are detected by day 60 in primiparous mares. MHC class I proteins are also expressed in subpopulations of trophoblast cells in several other species (Noronha and Antczak, 2010).

# Expression of molecular regulators

A successful establishment of pregnancy is absolutely dependent on a biologically viable blastocyst that has the competence to undergo hatching, trophoblast, development of followed bv attachment/invasion to the endometrium depending on the species. Each event is important in the life of the early embryo and these events are facilitated/controlled/aided by a series of molecular regulators released by the blastocyst, trophoblast, and endometrium. These include steroid hormones, growth factors, cell adhesion molecules, cytokines, and proteases. While some are expressed by blastocyst, trophoblast, and endometrium, examples of such factors include leukemia inhibitor factor and its receptors, and prolactin receptors in dogs (Kowalewski et al., 2011), others are specific to each one of these structures. For example in pigs, peak IL1ß secretion by the blastocyst (Ross et al., 2003), results in remarkable rapid changes in cell shape and size. The blasocyst from its original sphere shape remodels into a 100 mm thin filament by day 13 post ovulation. The rapid mitotic rate resumes and within 4 days the filament reach up to 1 m long. The angiogenic cytokines produced by the trophoblast contribute to the initiation of the growth of the maternal capillary net which starts at day16 post ovulation and soon after the trophoblast proliferates over the glandular portion of the endometrial glands. In horses, interleukin (IL)-22, an immunomodulatory cytokine, is expressed by invasive chorionic girdle (Brosnahan et al., 2012). Bone morphogenetic protein 4 is believed to regulate the terminal differentiation of chorionic girdle acting paracrinally from chorion, allantochorion and volk sac through the Sma-and Mad-related protein, a mechanism of signaling by TGFB superfamily proteins (Cabrera-Sharp et al., 2014). Similarly in dogs, many factors have been shown or suspected to be involved in the regulation of trophoblast migration, invasion, and proliferation in carnivores including endopeptidases and their inhibitors, cytokines, growth factors, hormones, and other factors (Kovacs and Ojeda, 2012). Cytokine



expression of interleukins, IL-1B, IL-6 and IL-8, has been detected in pre-implantation embryos of dogs (Van Mourik et al., 2009). Matrix-metalloproteinases (MMPs) and their respective tissue inhibitors of metalloproteinases (TIMPs) have been detected in the canine trophoblast (Sahlfeld et al., 2012) and endometrium (Beceriklisoy et al., 2007). The expression of MMP-2 and MMP-9 peaked at the time of implantation with more MMP-2 than MMP-9 (Beceriklisoy et al., 2007). Reportedly (Staun-Ram and Shalev, 2005), the MMP-TIMP interaction controls trophoblast invasion by restricting over or underinvasion into the uterus. In support of this concept, immunohistochemical expression of MMP-2, MMP-9 and TIMP-2 have been detected in isolated canine trophoblast of term placenta (Sahlfeld et al., 2012). Temporally, from pre-parturition to parturition, there appears to be an increase in TIMP-2 mRNA expression as pregnancy advances. Regardless of the differences and timing of expression factors, they are critical in trophoblast invasion and implantation. It is important to have much more research conducted in this area.

#### Expulsion of fetal membranes

The MHC class I expression in bovine trophoblast and their tight regulation are biologically relevant. Early in pregnancy, a complete shutdown of major MHC class I expression by trophoblast appears to be critical for normal placental development and fetal survival. This immunological camouflage is vital to avoid recognition by the multifactorial array of cellular and hormonal mechanisms that mediate rejection. However, the trophoblast cells in cows, express MHC class 1 antigens only in the interplacentomal areas from six months onwards with a profound expression in the near-term placenta (Bainbridge et al., 2001). So, in a mature placenta, maternal immunological recognition of fetal MHC class I proteins triggers an immune and inflammatory responses that contribute to rejection of fetal membranes at parturition. It is interesting to note that in these situations there is a clear adaptation of the immune system for a function distinct from protection against pathogens. In summary, as pointed out in recent reviews (McNaughton and Murray, 2009; Benedictus et al., 2015; Mordak and Stewart, 2015; Attupuram et al., 2016), MHC compatibility and expression of MHC class 1 antigen by the trophoblasts has significant molecular consequences in controlling the expulsion the incidence of retention of fetal membranes. Addressing and remedying this particular issue scientifically can reduce the economic loss in production animals due to this condition and may help to address this issue in companion animals wherein it is a life threatening issue, if veterinary treatment is not provided.

#### Trophoblast factors of clinical relevance

Four factors connected with trophoblast in the diagnosis of pregnancy will be discussed: 1) pregnancy associated glycoproteins in cattle, 2) equine chorionic gonadotropin in horses, 3) acute phase proteins in dogs

### and 4) relaxin in dogs.

#### Pregnancy associated glycoprotein

Expression of glycoproteins (Zoli et al., 1992; Green et al., 2000; Wooding et al., 2005) have clinical relevance, particularly, in pregnancy diagnosis. Measurement of pregnancy-associated glycoproteins (PAGs) in circulation in cattle is used as a biochemical marker of pregnancy because certain quantities are released into maternal circulation. The BTC are the only source of PAG and can be detected in maternal circulation of pregnant cows from days 28-30 of pregnancy (concentrations >0.5-0.8 ng/ml, with 0.8 ng/ml constituting the threshold for positive pregnancy diagnosis). At this time, the practical or routine use of PAG measurement to predict or diagnose pregnancy loss is limited by assay variability (depending on antibody used and specific PAGs- detected) and protracted half-lives of PAGs following pregnancy loss). As more specific assays designed to detect particular classes or individual PAGs become available, PAGs may become more widely and routinely used for diagnosing pregnancy wastage in cattle. However, their absence in the circulation on days 28-30 after breeding in cattle can be used as a means to establish nonpregnancy (Whitlock and Maxwell, 2008).

In pregnant ewes and goats, PAG can be detected from days 22-26 after breeding (Ranilla *et al.*, 1994; Sousa *et al.*, 1999). In these species, PAG profiles are quite different from those obtained in cattle. Concentrations increase faster from week 3 to 4, reaching higher levels during the first month of pregnancy (up to 20 ng/ml). Different variants of PAG have been reported in horse (Green *et al.*, 1999), camel (Majewska *et al.*, 2009), and pig (Szafrañska and Panasiewicz, 2002).

Recently, presence of a family of pregnancyspecific glycoproteins (PSGs) in horses was reported (Aleksic et al., 2016). These proteins are members of carcinoembryonic antigen cell adhesion molecule (CEACAM) family that are secreted by trophoblast cells of rodents and primates and have been identified in horses (Aleksic et al., 2016). Seven genes that encode secreted PSG-like CEACAMs have been identified in horse trophoblast cells from chorionic girdle and endometrial cups. Chorionic girdle cells are highly invasive cells and in endometrial cups are in close proximity of maternal immune system. Thus, invasive trophoblast cells share the micoenvironment of the trophoblast cells of primates and rodents. Some equine PSGs exhibit similar activity to certain rodent and human PSGs in functional assay of platelet-fibrinogen binding. PSGs are thought to modulate immune, angiogenic and platelet responses during pregnancy. Further studies of PSGs in horse are suggested to explore their functions in maternal-fetal interactions.

#### Equine chorionic gonadotropin

A hormone of considerable importance and unique to horses is synthesized by the endometrial cups

that are formed after the invasion of chorionic girdle into endometrium as discussed before. In horses, it is primarily luteotrophic supporting secondary corpora lutea during pregnancy while when injected in other species, it has follicular stimulating activity and has been used in superstimulation (superovulation) of ovaries. Its appearance in horses around day 40, peaking around day 80, and declining around day 120 are characteristic and this information is used for the diagnosis of pregnancy in horses (Henderson *et al.*, 1998). Its major application is in other species in superstimulation of ovaries for embryo flushing and has many clinical application (De Rensis and López-Gatius, 2014).

#### Acute phase proteins

Although these are not very specific for the trophoblast, production of acute phase protein (APP) by the trophoblast coincides with implantation as an inflammatory response. APP interactions with cytokines is an emerging area of investigation in dogs with the detection of c-reactive protein, haptoglobin, fibrinogen, ceruplasmin, seromucoid, and glycoproteins in the plasma of pregnant bitches from days 28-37 after mating (Evans and Anderton, 1992). Subsequent to induced localized inflammation and increase in APPs in adult beagles, an increase in cytokine IL-6 and tumor necrosis factor (TNF) were detected (Yamashita et al., 1994). The inflammatory response at implantation was followed by an increase in serum C-reactive protein in the dog (Concannon et al., 1996). Although measurement of acute phase proteins has been suggested as a method of pregnancy diagnosis since increase pregnancy specific in circulating concentrations was observed (Eckersall et al., 1993) yet a reliable test is not available notwithstanding further research in this area (Kuribayashi et al., 2003; Ulutas et al., 2009).

# Relaxin

Trophoblast has been identified as the source of relaxin in domestic animals such as mares (Klonisch *et al.*, 1997) and cats (Klonisch *et al.*, 1999). The discussion will focus in dogs because of its clinical application in dogs (Bergfelt *et al.*, 2014). Canine syncytiotrophoblast are the main source of relaxin (Tsutsui and Stewart, 1991). It has been observed that canine cytotrophoblasts surrounding maternal blood vessels also express relaxin-like factor (RLF) mRNA at early to mid-gestation (Klonisch *et al.*, 2001).

Pregnancy specific increases in circulating concentrations of relaxin is used as a diagnostic aid in dogs. A few commercial kits have been developed to give a fast qualitative indication of whether concentrations of relaxin have increased greater than a baseline concentration indicative of pregnancy. Because the embryo/trophoblast and/or fetoplacental unit appears to be a major source of relaxin in dogs, it has been suggested that a decrease in circulating concentrations of relaxin can also be used to detect pregnancy loss (Günzel-Apel *et al.*, 2006). For details of historic progression and current use of relaxin immunoassays in the dog refer a recent review (Bergfelt *et al.*, 2014).

### **Pregnancy failures**

# Early embryonic loss

Early embryonic loss is a major limitation to fertility in animals. Despite intense investigation for a number of years, our understanding of the molecular, cellular, and physiological mechanisms associated with the embryonic loss is limited, and the role of trophoblast in this process remains elusive. Trophoblast may have a role to play in the early embryonic death, a condition observed in all animals with higher incidence in cattle. In cattle, it has been estimated that there is 90% fertilization rate with a loss of 35% embryos (Diskin et al., 2006). It is important to note that 70-80% of the embryos are lost before day 16 (Diskin et al., 2006). Much work is needed to document the role of trophoblast and its immune modulation factors/events leading to early embryonic death. One possibility is that the trophoblast IFN $\tau$  is not able to trigger particular downstream signaling pathways of the endometrium, which may contribute to the embryonic loss. It is also possible that trophoblast may respond to stimulation and produce trophoblast-toxic factors that have been suggested as cause for early embryonic death and abortion in women (Hill et al., 1992). In this regard, it has been shown that Brucella abortus modulates the innate immune response by trophoblastic cells, suppressing the expression of proinflammatory mediators during the early stages of infection that is followed by a delayed and mild expression of proinflammatory cytokines (Carvalho Neta et al., 2008). Embryonic loss is documented in other animals. In dogs, it has been documented that pregnancy loss due to resorption was between 11-13% (Andersen and Simpson, 1973; Robertson et al., 1979) and stillbirth in dogs accounted for 2.2 to 4.5% incidence rate (Johnston and Raksil, 1987). Embryonic loss is universal and so is the function of trophoblast in the establishment and growth of early embryo; hence remedial measures can be developed, if the details of embryonic wastage that occurs due to immunomodulation of trophoblast is made known.

# Abortion

Regardless of the agents responsible for abortion (infectious and noninfectious causes), in each situation the functional ability (mainly immunological) of the trophoblast is challenged and perturbed prior to abortion. Immunomodulation of trophoblast can occur following the entry of organisms directly into the trophoblast and activating the process of fetal rejection. The pathogenesis of *brucellosis* exemplifies this method. As early as 1919, the characteristic ability of intracellular localization of *Brucella abortus* within the trophoblast was described (Smith, 1919). The initial entry of *Brucella abortus* occurred in the erythro-



phagocytic part of the trophoblast. This was followed by the spread of Brucella abortus to the cells of the chorioallantoic membrane. After intracellular replication, large numbers of Brucella abortus organisms were found within trophoblast and chorioallantois. It has been shown that trophoblast are the primary cell type involved in the pathogenesis of abortion by brucellosis (Anderson and Cheville, 1986). Further, Brucella abortus organism replicates in the lumen of the rough endoplasmic reticulum of the trophoblast utilizing proteins translocated into the organelle for its own metabolism brucellosis (Anderson and Cheville, 1986). Their multiplication within the trophoblast causes hypertrophy of the rough endoplasmic reticulum and subsequent release into the uterine lumen. Eventually, vasculitis leads to separation of trophoblast and maternal epithelium resulting in death of the fetus and consequent abortion brucellosis (Anderson and Cheville, 1986). Besides Brucella *abortus*, there may be other similar infectious agents that may induce abortion by destroying the functional ability of trophoblast by their direct entry into trophoblast. For example, in habitually aborting cats, multifocal necrosis started at the trophoblast prior to extension to all the cell of the labyrinth (Huxtable et al., 1979). Apart from direct entry and damage to trophoblast, the second method in the process of pathogenesis of abortion may involve in interfering with the immune function of the trophoblast. Studies on the modification of immune function of trophoblast and its role in abortion remain to be characterized in domestic animals.

#### Abnormal trophoblast proliferation

Excessive or insufficient trophoblast invasion in animals and humans with attended occur consequences such as threating or loss of pregnancy. For example, 'hydatidiform mole' that occurs in cattle is characterized by hyperplastic mass of trophoblast with varying degree of trophoblastic proliferation (Corcoran and Murphy, 1965; Gopal et al., 1980, Meinecke et al., 2003; Morris et al., 2008). The term 'hydatidiform' refers to 'like a water cyst' and the term 'mole' refers to 'millstone' since this trophoblastic disease is accompanied by an irregular mass of water-logged placenta with grossly swollen and grape-like chorionic villi. This hydropic transformation of the villous mesenchyme is due to the lack of or maldevelopment of or regression of the villous vasculature, which makes the drainage of fluid supplied by the trophoblast impossible. Interestingly, this developmental anomaly of trophoblast (enormous amount) is accompanied by increased concentrations of PAG in maternal circulation (Sousa et al., 2006).

Subinvolution of placental sites that occur in dogs is another example of excessive trophoblast proliferation. A disorder that causes a failure or delay of normal uterine involution in pregnant and postpartum dogs, especially dogs under 3 years old following a normal delivery (Al-Bassam *et al.*, 1981; Orfanou *et al.*, 2009). Excessive trophoblast invasion and damage to uterine vasculature result in failure of normal endometrial blood vessel thrombus formation causing secondary occlusion and bleeding. Symptoms include a bright red sanguineous discharge that persists in dogs for more than 8 weeks after whelping (Sontas *et al.*, 2015). The diagnosis and treatment is beyond the scope of this review and have been reviewed earlier (Reberg *et al.*, 1992). The condition, if diagnosed promptly, can be treated successfully.

As mentioned earlier, trophoblast has a function in the expulsion of fetal membranes. In certain cases, retention of fetal membranes in animals is believed to be due to abnormal proliferation of trophoblast. Retention of fetal membranes, a clinical condition recognized as retained fetal membranes or commonly as 'retained placenta' has a major economic impact in cattle (Peter, 2013, 2015). Conditions reported in humans such as placenta accrete vera, placenta increta, placenta percreta, choriocarcinoma, and placental site trophoblastic tumor are attributed to excessive proliferation of trophoblast (Gullaba, 2013). The etiology of abnormal trophoblast proliferative activity is not known although a study considered the role of proliferating cell nuclear antigen in women (Jeffers et al., 1994). Each condition listed can lead to maternal morbidity and mortality, although some are more life-threatening than others. These disorders share similar symptomatic presentation and possibly similar etiopathophysiology, suggesting that these trophoblast conditions can be studied using animal models to develop preventative strategies.

In conclusion, regardless of the anatomical differences of the uterus and placentation, the trophoblast plays a similar role in the domestic species. Clearly, trophoblast has roles in acquisition of space for embryo development, in tissue remodeling during implantation and placentation, in defense mechanisms (Bevilacqua et al., 2010), and in shedding of fetal membranes after birth. Hence, this unique cellular activity may be very relevant and critical for the congenial maternal-fetal relationship beyond its nutritional function. However, as discussed, there are certain functional differences of trophoblast between species. For example, the availability of trophoblast markers to monitor trophoblast function is not yet known for all species. Monitoring trophoblast function is not only important to predict embryonic loss but also monitor high risk pregnancies. Hence, any investigation of trophoblastic function requires a longitudinal followup during pregnancy (Sousa et al., 2008) and our ability to monitor its marker. Currently, PAG is probably the best trophoblastic agent available to monitor pregnancy in ruminants, however, there is no single test currently available that immediately differentiates continuing pregnancies. from non-continuing Similarly, trophoblastic products in canine species such as relaxin and acute phase proteins appear to have application not only in pregnancy diagnosis but also in monitoring fetal viability and pending pregnancy loss. Another trophoblastic molecule, equine chorionic gonadotropin, has application in mares in pregnancy diagnosis and its usefulness in monitoring embryo/fetal viability needs further work. Thus, there still remains gaps in our understanding of numerous aspects of trophoblast in all species, which clearly warrants further research in this important area.

#### **Conflict of interest**

The authors declare that they have no conflict of interest nor should be perceived as prejudicing the impartiality of research literature in not citing all publications in the review. This article does not contain any studies with human participants or animals performed by the authors.

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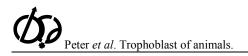
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