



## Combination of estradiol-17 $\beta$ and progesterone is required for synthesis of PGF2 $\alpha$ in bovine endometrial explants

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### Abstract

In cattle, luteolysis results from the pulsatile release of endometrial prostaglandin F2 $\alpha$  (PGF2 $\alpha$ ). Estradiol-17 $\beta$  (E<sub>2</sub>) and progesterone (P<sub>4</sub>) are involved in the regulation of luteolysis, but their mechanisms of action are unclear. The overall objective of this experiment was to investigate the actions of E<sub>2</sub> and P<sub>4</sub> on the control of PGF2 $\alpha$  synthesis. Crossbred beef cows were slaughtered on Day 17 of a synchronized estrous cycle. Endometrial explants were incubated for 1 h with culture medium alone and for additional 11 h in culture medium supplemented with either 0, 10<sup>-12</sup>, or 10<sup>-11</sup> M E<sub>2</sub> (Experiment 1); 0, 10<sup>-9</sup>, 10<sup>-8</sup>, 10<sup>-7</sup>, 10<sup>-6</sup>, or 10<sup>-5</sup> M P<sub>4</sub> (Experiment 2); or combinations of these concentrations (Experiment 3). Concentrations of PGF2 $\alpha$  in culture medium were measured by a specific radioimmunoassay. Neither E<sub>2</sub> (Experiment 1) nor P<sub>4</sub> (Experiment 2) alone affected synthesis of PGF2 $\alpha$  (P > 0.1). The combination of both steroids stimulated production of PGF2 $\alpha$  in a concentration-dependent manner (P < 0.01). The greatest production of PGF2 $\alpha$  was achieved when 10<sup>-11</sup> M E<sub>2</sub> was combined with 10<sup>-8</sup> or 10<sup>-7</sup> M P<sub>4</sub>. In conclusion, *in vitro* release of PGF2 $\alpha$  was regulated by E<sub>2</sub> and P<sub>4</sub>.

**Keywords:** cattle, sex steroids, endometrium, Prostaglandin F2 $\alpha$ , luteolysis.

### Introduction

In cattle, luteolysis is a physiological event that regulates duration of the estrous cycle. The role of prostaglandin F2 $\alpha$  (PGF2 $\alpha$ ) as the main luteolysin is well established for ruminants (Poyser, 1995; McCracken et al., 1999). It is well accepted that oxytocin (OT) from neurohypophyseal and ovarian origins stimulates endometrial receptors to initiate luteolysis in sheep and cows (McCracken et al., 1984; Silvia and Raw, 1993). However, because blocking OT receptors with a specific antagonist did not prevent luteolysis from occurring, it was suggested that OT may not be determinant for luteolysis in cattle (Kotwica et al., 1997).

Progesterone (P<sub>4</sub>) and estradiol-17 $\beta$  (E<sub>2</sub>) regulate synthesis of endometrial PGF2 $\alpha$ , but the

mechanisms through which this effect is controlled are controversial. *In vivo*, administration of P<sub>4</sub> early during the estrous cycle hastened the onset of luteolysis (Garret et al., 1988). In contrast, higher P<sub>4</sub> concentrations during the cycle decreased basal- and OT-stimulated PGF2 $\alpha$  secretion in the subsequent cycle (Shaham-Albalancy et al., 2001). *In vitro*, P<sub>4</sub> stimulated synthesis of endometrial PGF2 $\alpha$  in ewes (Raw et al., 1995) and either stimulated (Asselin et al., 1996; Skarzynski et al., 1999) or had no effect (Mann, 2001) in cows. Furthermore, follicle removal reduced plasma E<sub>2</sub> concentrations and both delayed luteolysis and increased estrous cycle length in sheep and cattle (Karsch et al., 1970; Ireland et al., 1984; Villa-Godoy et al., 1985; Hughes et al., 1987). Injections of E<sub>2</sub> in cows on Days 13, 15, 17, or 19 of the estrous cycle stimulated release of 13, 14-dihydro-15-keto-PGF2 $\alpha$  (PGFM; Thatcher et al., 1986; Larson et al., 1991; Castro e Paula, 2004). *In vitro*, E<sub>2</sub> alone stimulated synthesis of PGF2 $\alpha$  in endometrial cells obtained early during the estrous cycle (Asselin et al., 1996) and in endometrial explants obtained from ovariectomized cows (Mann, 2001). Conversely, incubation of endometrial explants, obtained from heifers on Days 11 to 17 of the estrous cycle, with E<sub>2</sub> had no effect on synthesis of PGF2 $\alpha$  (Skarzynski et al., 1999).

The overall objective of this study was to investigate the effects of P<sub>4</sub> and E<sub>2</sub> on *in vitro* PGF2 $\alpha$  production from bovine endometrium harvested just prior to spontaneous luteolysis. The specific objective was to test the ability of E<sub>2</sub> (Experiment 1), P<sub>4</sub> (Experiment 2), or the combination of E<sub>2</sub> and P<sub>4</sub> (Experiment 3) to stimulate synthesis of endometrial PGF2 $\alpha$ .

### Materials and Methods

#### Tissue collection

Reproductive tracts were obtained from a slaughterhouse from cyclic, non-lactating, crossbred (*Bos Taurus* x *Bos indicus*) cows on Day 17 of a synchronized estrous cycle. Uteri were immediately placed on ice and taken to the laboratory within 15 min.

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Subsequently, the endometrium was dissected, and explants ( $50 \pm 5$  mg) were incubated in individual wells of 6-well plates at  $37.5^\circ\text{C}$  in humidified air, as described below.

#### Experimental design

Experiment 1. Endometrial explants from each cow ( $n = 3$ ) were cultured for 1 h in 3 ml of HAM culture medium, which consisted of HAM-F10 (Sigma Chemical Co., N-6635, St. Louis, MO, USA) supplemented with 26.2 mM NaHCO<sub>3</sub> (Fisher Chemical Co., BP-328-1, Fair Lawn, NJ, USA), 1 mM Hepes (Fisher Chemical Co., BP-310-00, Fair Lawn, NJ, USA), 5 mM D-(+)-Glucose (Sigma Chemical Co., St. Louis, G-6152, MO, USA), 10 ml/L of an antibiotic-antimycotic solution (Sigma Chemical Co., A5955, St. Louis, MO, USA), and titrated to a pH of 7.4. Then, 1 ml of HAM medium was collected and replaced by 1 ml of HAM medium supplemented with E<sub>2</sub> so that final concentrations in the wells were 0,  $10^{-12}$ , or  $10^{-11}$  M in triplicate, and explants were incubated for an additional 11 h period. Samples of the medium were collected and stored at  $-20^\circ\text{C}$  until PGF2 $\alpha$  concentrations were measured by radioimmunoassay.

Experiment 2. Endometrial explants from each cow ( $n = 4$ ) were cultured in 3 ml of HAM culture medium for 1 h. Then, 1 ml of HAM medium was collected and replaced by 1 ml of HAM medium supplemented with P<sub>4</sub> (Sigma Chemical Co., St. Louis, P-0130, MO, USA) so that final concentrations in the wells were 0,  $10^{-9}$ ,  $10^{-8}$ ,  $10^{-7}$ ,  $10^{-6}$ , or  $10^{-5}$  M P<sub>4</sub> in triplicate, and explants were incubated for an additional 11 h period. Samples of the medium were collected and stored at  $-20^\circ\text{C}$  until PGF2 $\alpha$  concentrations were measured by radioimmunoassay.

Experiment 3. Endometrial explants from each cow ( $n = 3$ ) were cultured in 3 ml of HAM culture medium for 1 h. Then, 1 ml of HAM medium was collected and replaced by 1 ml of HAM medium supplemented with E<sub>2</sub> and P<sub>4</sub> so that final concentrations in the wells were the following: 0,  $10^{-12}$ , or  $10^{-11}$  M E<sub>2</sub> (Sigma Chemical Co., St. Louis, E-8875, MO, USA); 0,  $10^{-8}$ , or  $10^{-7}$  M P<sub>4</sub> (Sigma Chemical Co., St. Louis, P-0130, MO, USA); or their respective combinations in triplicate. Explants were then incubated for an additional 11 h period. Samples of the medium were collected and stored at  $-20^\circ\text{C}$  until PGF2 $\alpha$  concentrations were measured by radioimmunoassay.

#### Radioimmunoassay

Concentrations of PGF2 $\alpha$  in culture medium were measured by a tritium radioimmunoassay as described previously by Danet-Desnoyers *et al.* (1995). The anti-PGF2 $\alpha$  antibody was a gift from Dr. William W. Thatcher (University of Florida, Gainesville, FL, USA). The intra-assay coefficients of variation (CV) were 6.4, 8.7, and 14.1%, and the interassay CVs were

1.74, 4.29, and 12.3%; both were determined from reference concentrations of 250, 1000, and 3500 pg/mL of PGF2 $\alpha$ .

#### Statistical analyses

Concentrations of PGF2 $\alpha$  in culture medium were analyzed by least squares ANOVA using the GLM procedure of SAS (SAS, 1998). The dependent variable was the concentration of PGF2 $\alpha$  measured after 1 and 12 hours of culture. The assumption of normality or residuals was rejected in all three experiments (Shapiro-Wilk test,  $P < 0.01$ ); therefore, data were transformed using the square root. Transformed data were suitable for ANOVA (Shapiro-Wilk test;  $P > 0.01$ ). Independent variables were: animal and concentrations of E<sub>2</sub>, P<sub>4</sub>, and a combination of E<sub>2</sub> and P<sub>4</sub>. For sake of clarity, data are presented as untransformed least square means  $\pm$  SEM.

## Results

#### Experiment 1

During the initial hour of incubation (medium alone), there was no effect of animal, E<sub>2</sub>, or an animal by E<sub>2</sub> interaction ( $P > 0.1$ ; data not shown) on synthesis of PGF2 $\alpha$  by endometrial explants. Synthesis of PGF2 $\alpha$  from experimental Hour 2 to 12 was not affected by E<sub>2</sub>, animal, or an animal by E<sub>2</sub> interaction ( $P > 0.1$ ; Fig. 1).

#### Experiment 2

During initial hour of incubation (medium alone), mean production of PGF2 $\alpha$  by endometrial explants varied among animals ( $P < 0.01$ ). However, there was no effect of P<sub>4</sub> or P<sub>4</sub> by animal interaction ( $P \geq 0.1$ ; data not shown). Concentrations of P<sub>4</sub> did not affect production of PGF2 $\alpha$  from experimental Hour 2 to 12. Mean PGF2 $\alpha$  production varied among animals (effect of animal;  $P < 0.01$ ; Fig. 3) but was similar for different concentrations of P<sub>4</sub> (no animal by treatment interaction;  $P > 0.1$ ).

#### Experiment 3

There were no effects of animal, E<sub>2</sub>, P<sub>4</sub>, or their interactions on production of PGF2 $\alpha$  during initial hour of incubation ( $P > 0.1$ ; data not shown). There was a E<sub>2</sub> by P<sub>4</sub> concentration interaction that affected release of PGF2 $\alpha$  by endometrial explants in culture from experimental Hour 2 to 12 ( $P < 0.01$ ; Fig. 4). In the absence of E<sub>2</sub>, production of PGF2 $\alpha$  was similar, regardless of the concentration of P<sub>4</sub> used. When  $10^{-12}$  M E<sub>2</sub> was used, it stimulated production of PGF2 $\alpha$  in the absence of P<sub>4</sub> but not in the presence of either  $10^{-8}$  or  $10^{-7}$  M P<sub>4</sub>. In the absence of P<sub>4</sub>, treatment of explants with  $10^{-11}$  M E<sub>2</sub> had no effect on production of PGF2 $\alpha$ . However, the largest magnitude of PGF2 $\alpha$  release was observed when  $10^{-11}$  M E<sub>2</sub> was associated with  $10^{-8}$  or  $10^{-7}$  M P<sub>4</sub>.

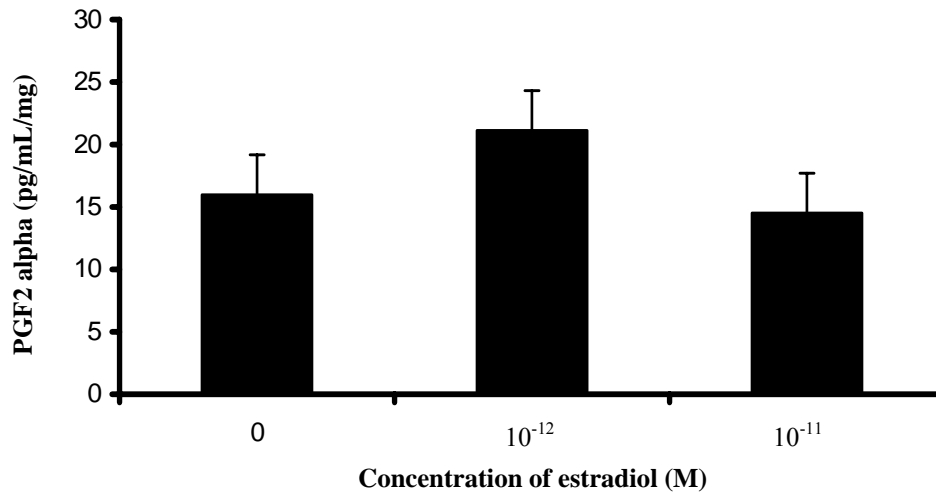


Figure 1. Concentrations of PGF2 $\alpha$  synthesized by endometrial explants treated with 0, 10<sup>-12</sup> or 10<sup>-11</sup> M E<sub>2</sub> for 11 h. Untransformed data (LSMeans  $\pm$  SEM).

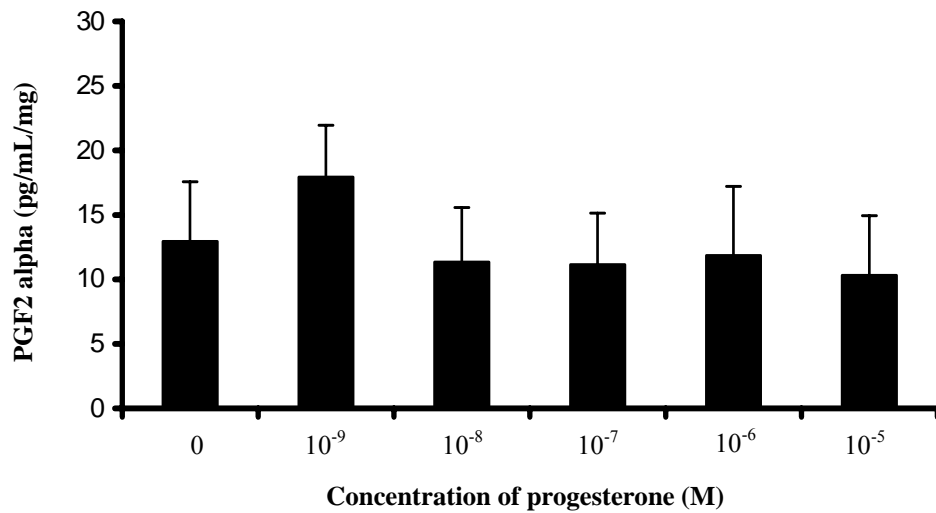


Figure 2. Concentrations of PGF2 $\alpha$  synthesized by endometrial explants treated with 0, 10<sup>-9</sup>, 10<sup>-8</sup>, 10<sup>-7</sup>, 10<sup>-6</sup> or 10<sup>-5</sup> M P<sub>4</sub> for 11 h. Untransformed data (LSMeans  $\pm$  SEM).

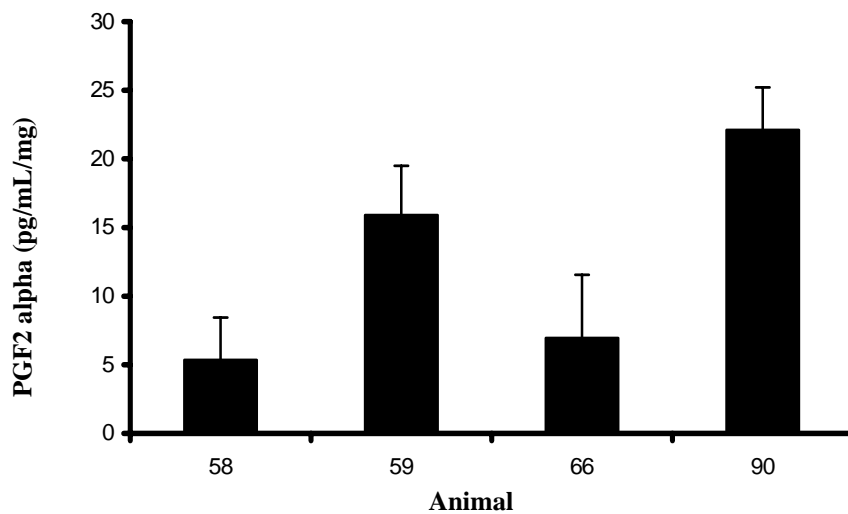


Figure 3. Average concentration of PGF2 $\alpha$  synthesized by endometrial explants cultured for 12 h from individual animals. Untransformed data (LSMeans  $\pm$  SEM).

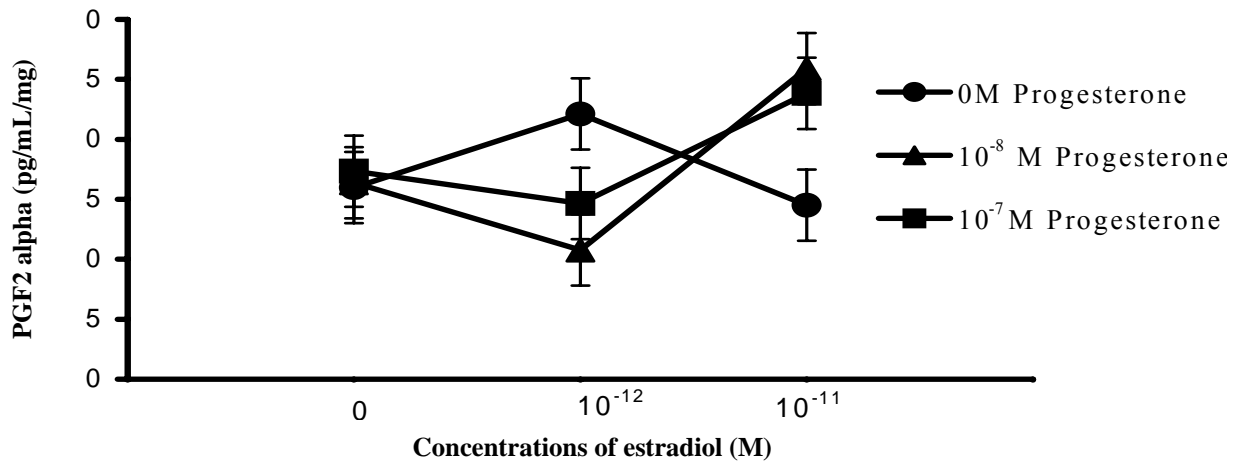


Figure 4. Concentrations of PGF2 $\alpha$  synthesized by endometrial explants treated with 0, 10<sup>-8</sup> or 10<sup>-7</sup> M P<sub>4</sub>, 0, 10<sup>-12</sup> or 10<sup>-11</sup> M E<sub>2</sub> and associations for 11 h. Untransformed data.

### Discussion

In endometrial explants of cows on Day 17 of the estrous cycle, the combination of E<sub>2</sub> and P<sub>4</sub> stimulated synthesis of PGF2 $\alpha$  in a dose dependent manner. However, production of PGF2 $\alpha$  was not stimulated by either E<sub>2</sub> or P<sub>4</sub> alone. Skarzynski *et al.* (1999) also verified that E<sub>2</sub> was only able to stimulate synthesis of PGF2 $\alpha$  when endometrial explants received exogenous P<sub>4</sub> or were co-incubated with luteal cells. It is suggested that a coordinated action of both steroids is required for PGF2 $\alpha$  synthesis by the endometrium in the peri-luteolysis period in the cow.

It is well accepted that pulsatile release of PGF2 $\alpha$  at luteolysis is dependent on stimulation of OT receptors in the endometrium (McCracken *et al.*, 1999; Goff, 2004). Numbers and activity of OT receptors increase gradually starting during the mid-cycle, and the increase is modulated by E<sub>2</sub> and P<sub>4</sub>. In the present experiment, production of PGF2 $\alpha$  was independent of OT because this peptide was never added to the culture medium. Thus, in addition to stimulating OT receptors, sex steroids may induce synthesis of PGF2 $\alpha$  through alternative mechanisms. For example, E<sub>2</sub> and P<sub>4</sub> could regulate synthesis and activity of intracellular enzymes involved in PGF2 $\alpha$  synthesis.

The main substrate for synthesis of PGF2 $\alpha$  is arachidonic acid. Therefore, synthesis of PGF2 $\alpha$  is dependent on enzymes that increase availability of arachidonic acid and enzymes that increase its conversion to PGF2 $\alpha$ . Binelli *et al.* (2004) reported that E<sub>2</sub> stimulated release of PGF2 $\alpha$  in endometrial explants treated with a calcium ionophore. Because intracellular enzymes involved in PGF2 $\alpha$  synthesis, such as protein kinase C and phospholipase A<sub>2</sub>, are Calcium dependent, it is possible that E<sub>2</sub> stimulates activity of such enzymes to result in synthesis and release of PGF2 $\alpha$ . On the

other hand, P<sub>4</sub> was able to stimulate synthesis of the enzyme cyclooxygenase-2 (converts arachidonic acid to prostaglandin H<sub>2</sub>; Goff, 2004; Kombé *et al.*, 2003).

*In vitro* treatment of endometrium with E<sub>2</sub> alone resulted in responses ranging from inhibition to stimulation of PGF2 $\alpha$  synthesis (Asselin *et al.*, 1996; Xiao *et al.*, 1998; Skarzynski *et al.*, 1999; Mann, 2001; Castro e Paula *et al.*, 2002; Kombé *et al.*, 2003; Bertan *et al.*, 2004; Cunha *et al.*, 2004). These differences were probably due to different experimental conditions, such as concentrations of E<sub>2</sub> (10<sup>-12</sup> to 10<sup>-7</sup> M), duration of incubation (12 to 96 h), and the sources of endometrium used (ovariectomized cows or intact cows from Days 1 to 3 and 11 to 19 of the estrous cycle). In the present experiment, concentrations of E<sub>2</sub> were in the physiologic range and incubations were for 12 h, which was enough time to detect an increase in concentrations of PGFM after injections of E<sub>2</sub> in cows (Thatcher *et al.*, 1986). Only endometrium from cows on Day 17 of the estrous cycle was used in that experiment. The choice of the day of the cycle was important because production of PGF2 $\alpha$  during the estrous cycle is dependent on a P<sub>4</sub>-primed uterus. Moreover, concentrations of endometrial steroid receptors vary throughout the estrous cycle, which probably modulate responses to such steroids. Therefore, it is proposed that experimental conditions used in the present experiment were adequate to study mechanisms regulating production of PGF2 $\alpha$  in the periluteolytic period of the estrous cycle. Thus, lack of response to E<sub>2</sub> was probably due to the absence of other important factors, such as P<sub>4</sub>.

In the present experiment, P<sub>4</sub> by itself was unable to stimulate synthesis of PGF2 $\alpha$ . This was similar to findings reported by other authors (Mann, 2001; Kombé *et al.*, 2003). Similar to E<sub>2</sub>, P<sub>4</sub> probably needs to interact with other factors in order to stimulate PGF2 $\alpha$  release.

It is important to recognize the limitations of an *in vitro* culture system when trying to make assumptions



about physiologic processes occurring *in vivo*. Data from the present work indicate that the endometrium responded to sex steroids acutely by producing PGF<sub>2</sub>α. It is possible that cellular and molecular mechanisms observed *in vitro* also operate *in vivo* and are involved in luteolysis.

In conclusion, production of endometrial PGF<sub>2</sub>α is under a concentration-dependent regulation of P<sub>4</sub> and E<sub>2</sub>. Because it was possible to stimulate PGF<sub>2</sub>α production in the absence of OT, mechanisms dependent on other factors may exist and participate in the control of luteolysis in cattle. Further studies will be necessary for the elucidation of such mechanisms.

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